



<http://www.marriagefidelityday.org>

The Truth About Affairs

- Infidelity affects at least 60% of the marriages in the US.
- Thanks to the internet, women are having affairs at a higher rate than ever before.
- Infidelity is the #1 reason couples hire professional marriage help.
- Most affairs do not last.
- Most marriages do not end because of an affair, they end when the couple fails to heal and recover their marriage.
- An affair hurts everyone, no one ends up happy.
- An affair is an unethical attempt to solve a problem in the marriage or in one's life.

An affair doesn't just destroy a marriage, it devastates a family.

Support Marriage Fidelity Day in your community

Sponsor the Signing of the Proclamation

Host an Event

Attend an Event in Your Area

Want to know what you can do to support Marriage Fidelity Day? We have lots of ideas for groups or individuals. Events like rallies, run/walk for fidelity, and candle light vigils.

We also have merchandise available for sale to individuals or at your events.

For more information or to download the Marriage Fidelity Day Proclamation along with a sample letter you can write to your governor, and other support literature, visit us on the web at www.marriagefidelityday.org

“Infidelity is a breaking of the vows and promises that tie a couple together — and my partner broke those vows. She broke her promise that she would put our marriage ahead of all other relationships. She abrogated her responsibility to do no harm to me. She broke her promise to raise our daughter together and revoked her consent to my second-parent adoption of our daughter — promises made to both our daughter and me. I have lost the affection and friendship of my best friend — who was also my partner.

“Through it all, I’ve learned that someone else’s broken oaths and vows are not about me and mine. I’ve learned that my strength is greater than I ever thought possible — and more frail than I ever imagined. I have learned that making myself small cannot make another person grow. I have learned to be patient, to be strong, to face impossible odds. I faced losing everything; I lived to rejoice in the things I still have, while I continue to ask for the things that I want. I have learned in some odd, incomplete, unfinished way to love again.”

An affair is not a love story —————

HOW TO PROTECT YOUR MARRIAGE:

- *Start by learning all you can about the risks and precautions at www.saveyourmarriagecentral.com*
- *Establish a policy of transparent honesty in your marriage.*
- *Talk about attractions to other people.*
- *Have a protective strategy spelled out to deal with those attractions.*
- *Spend time together as a couple - it's the only way to stay connected.*
- *Put your marriage ahead of other commitments or recreational activities.*

“Yes my husband’s affairs have taught me many things. Through them I have made many changes that should have happened long ago. But the fact of the matter is that when the person you committed to for life betrays you, it rocks your core. It makes you doubt EVERYTHING about yourself, your life, your world! The pain is excruciating and sometimes unbearable!! It affects more people than the unfaithful mate is even aware of. I have had many moments when I thought I just could not bear one more ounce of hurt!”

*The betrayal of love and trust that results from an affair cuts deep into the fabric of the marriage –
and the family* —————

“Let me just say this: I have lost people close to me by death. Infidelity hurts much, much more.”

“I see the frustration on my children’s faces as they are shuffled between homes, leaving favorite games and pets behind. When they wake up at night wanting comfort because of a fever bad dream, one parent is not there. Sleepovers with friends are complicated because now time is split between parents. They must choose which parent they should sit with at school programs or sport events. Special days are not shared with the entire family. Where they could always depend on both parents at any time, now there is less certainty.”

You can heal your marriage after an affair —————

“As weird as this sounds there are days I want to send the other woman a thank you card. I really think it took my husband saying, ‘I want a divorce because I love another woman,’ to bring me out of withdrawal and make me want to fight for our marriage. I had to look very deep inside me and see that I NEEDED TO CHANGE. I suspect I drove some of my friends crazy trying to learn to be an adult at 36.

“What I got out of the affair was becoming a person that I can be proud of, whether my husband and I worked things out or not, I finally liked ME. I am still not very sure of myself, but I at least know I am someone that I can be proud of.

“What we got out of the affair was a marriage that we had never even dreamed we could have. I never really thought of my husband as my friend before. Now I do.”

It's time to stop pretending an affair is a love story _____

When amy was still a child in the womb, her father left her mother for another woman. Amy's mother remarried while Amy was still quite young and so she was raised by her step father.

When it came time for Amy's wedding, she tried to honor both men but her bio-father, still thinking only of himself, refused to share "walking his daughter down the isle" with the man who raised her. He also refused to attend the wedding if he wasn't given his "rightful" place as father-of-the-bride.

Amy married, her step father walked her down the isle, her bio-father has *disowned* her and precipitated a huge family rift. The tears Amy shed on her wedding day were not tears of joy. More than 20 years later her father's "love story" is still hurting Amy and many others.

Join SYMC Global Village and Marriage Fidelity Day in telling the true story about infidelity. Support strong marriages in your family, your community, and your state. Speak up and speak out. Tell the world that getting involved in healthy marriages is the right thing to do.
Take A Stand, because an affair is not a love story.

